

Drawing your hand holding an object:

You will need: drawing pencils, sharpener, rubber, paper, an object to hold: a pen or pencil, a set of keys, a handkerchief, a small toy, a glove, some grapes, or anything else that appeals to you.

Hold the object you have chosen in your non-drawing hand and try several poses to find one that you like.

Start drawing, close one eye to flatten the image and carefully draw each contour edge, adjusting and refining the drawing as needed. (notice the foreshortening of the fingers as you look down at them looking up at you)

When the edges are drawn, look for the shapes of light areas and shadowed areas by squinting your eyes to mask out fine detail. Erase the lighted shapes (if needed) and use your drawing pencil to darken the shadowed shapes. When the drawing is finished, sign and date it on the back.

Look at different textures, the difference between the flesh of the hand and the object it's holding. Be inventive at using the pencil in a variety of ways to show the difference between a metal object and the hand that holds it. Vary the thickness of lines, the smoothness or roughness of pencil marks, and light and darkness of tone. Practice the routine of drawing; choosing a subject, selecting a pose and composition.



